



SPRING SWIMMING CARNIVAL

OPEN TO ALL SQUAD SWIMMERS, SIBLINGS + FRIENDS

Date: Sunday 22nd September Arrival: From 5.30pm Warmup: 5.45pm First Race: 6.00pm Estimated Finish: 7.50pm

Venue: Windy Hill Fitness Centre, Napier Street, Essendon

Pool: 25m Indoor

GIRLS	BOYS	AGE	EVENT
1	2	8 & Under	25m Backstroke
3	4	9 Years	25m Backstroke
5	6	10 Years	25m Backstroke
7	8	11 Years	50m Backstroke
9	10	12 Years	50m Backstroke
11	12	13 & Over	50m Backstroke
13	14	8 & Under	25m Breaststroke
15	16	9 Years	25m Breaststroke
17	18	10 Years	25m Breaststroke
19	20	11 Years	50m Breaststroke
21	22	12 Years	50m Breaststroke
23	24	13 & Over	50m Breaststroke

GIRLS	BOYS	AGE	EVENT
26	27	8 & Under	25m Butterfly
28	29	9 Years	25m Butterfly
30	31	10 Years	25m Butterfly
32	33	11 Years	25m Butterfly
34	35	12 Years	25m Butterfly
36	37	13 & Over	50m Butterfly
38	39	8 & Under	25m Freestyle
40	41	9 Years	25m Freestyle
42	43	10 Years	25m Freestyle
44	45	11 Years	50m Freestyle
46	47	12 Years	50m Freestyle
48	49	13 & Over	50m Freestyle

25 The Inaugural Individual Medley Invitational Handicap (Swimmers To Be Selected From Time-Trial Results)

- Competitors Age as at 22/09/2019
- Event Entry **\$5.00 per Event**
- Pay by Cash, Card or Online to training fees account
- Open to all squad swimmers, siblings & friends
- Enquiries to Cam on squad@nwasquad.com
- Medals for the 1st, 2nd & 3rd in every event

ENTRIES CLOSE: FRIDAY 13TH SEPTEMBER - PLEASE INCLUDE PAYMENT WITH ENTRY

ENTRIES TO: YOUR COACH ON POOL DECK or ONLINE AT NORTHWESTAQUATIC.SHOP

NORTH-WEST AQUATIC SPRING SWIMMING CARNIVAL

Name:	Age (at 22/09):	DOB: / /	Sex: M / F
Email:	Mobile:		

Event Selection (Please Circle):

Backstroke

Breaststroke

Butterfly

Freestyle

Total Events _____ @ \$5.00 per event = \$ _____