

# NWASQUAD

ELITE, COMPETITIVE & FITNESS SQUADS | WINDY HILL FITNESS CENTRE | ESSENDON FOOTBALL CLUB

PO BOX 43, ESSENDON 3040

NORTH-WEST AQUATIC PTY LTD (ABN: 45 114 132 553)

PH: 0402 004 820

## TERM FOUR TIME-TRIALS

### 100m / 50m INDIVIDUAL MEDLEY

#### GOLD SQUAD

1	Mitchell Goring	1:15
2	Ben Lyneham	1:20
3	Andrew Carlini	1:21
4	Claire Taranto	1:22
5	Nathan Kleinig	1:23
6	Lachlan Johnson	1:23
7	Edward Jenkins	1:24
8	Kate Sidley	1:24
9	Ellen McGennissen	1:25
10	Zac Bol	1:26
11	Lillian Brown	1:27
12	Adam Catterall	1:28
13	Jack Guy	1:28
14	Jay Rafter	1:29
15	David Mann	1:29
16	Billy Tzimos	1:29
17	Alicia Walker	1:30
18	Sophie Veitch	1:30
19	Ethan Conti	1:31
20	Alexander Karagiannis	1:31
21	Michael Bourke	1:32
22	Dion Plessas	1:33
23	Amy Greer	1:34
24	Alana Rizzo	1:34
25	Tommy Karagiannis	1:34

#### SILVER SQUAD

1	Serina Huang	41.8
2	Vince Nguyen	42.3
3	Ethan Duong	42.9
4	Bridie Keogh	44.0
5	Olivia Pasqual	44.2
6	Jett Porter	44.5
7	Jeremy Nicol	45.3
8	Lachlan Docherty	45.4
9	Nicholas Foley	45.6
10	Jack Liang	45.6
11	Noah Pefferini	46.1
12	Pippa Smith	46.3
13	Meg Gleeson	46.4
14	Briley Nicolosi	46.6
15	Stephanie Williams	46.7
16	Alessandra Dent	46.9
17	Devlin McCarthy	47.5
18	Ella Anderson	47.6
19	Oshini Karunasekara	47.6
20	Zachary Trad	47.9
21	Mia Lucas	48.3
22	Josh McShanag	48.4
23	Emily Brodie	48.9
24	Astrid Wright	49.0
25	Lulu Andrighetti	49.0

#### BRONZE SQUAD

1	Marco Lazzaro	49.0
2	Cristobal Miranda	51.7
3	Keira Ziros	51.8
4	Tahlia Castello	51.9
5	Ben Lommi	52.6
6	James Hanna	53.4
7	Sean Swanson	53.5
8	Declan Willmore	53.6
9	Alyce McFarlane	53.7
10	Nicholas Tonge	54.3
11	Ally Hornibrook	54.6
12	Sebastian Lee	54.8
13	Marc Sassine	54.8
14	Luke Crundall	55.1
15	Tara Dennison	55.1
16	Katie Baynes	55.3
17	Sam Duggan	55.4
18	Xavier Purcell	55.5
19	Laura Overman	55.6
20	Shehara Senanayake	56.8
21	Christian La Ferla	56.9
22	Justin Faggianelli	57.4
23	Crystal Matthews	57.6
24	Jack Ivers	57.9
25	Chloe Nguyen	58.3